

## HEALTH & DIGITAL INEQUALITIES

How might we

Education

wellbeing

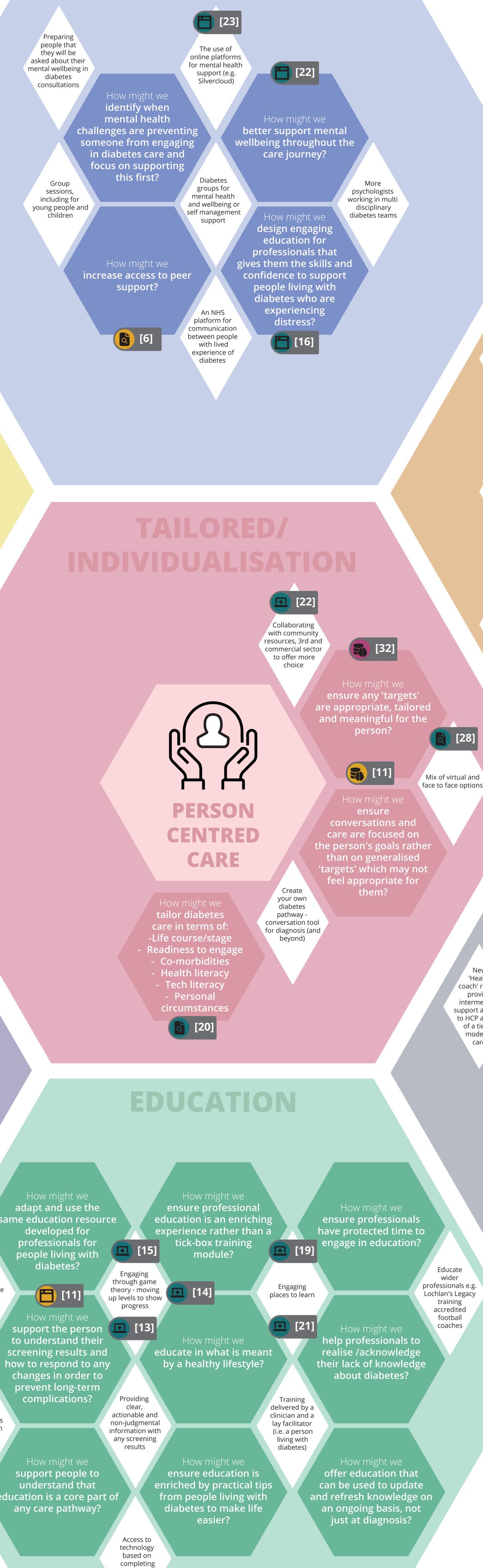
Rewarding

improvements

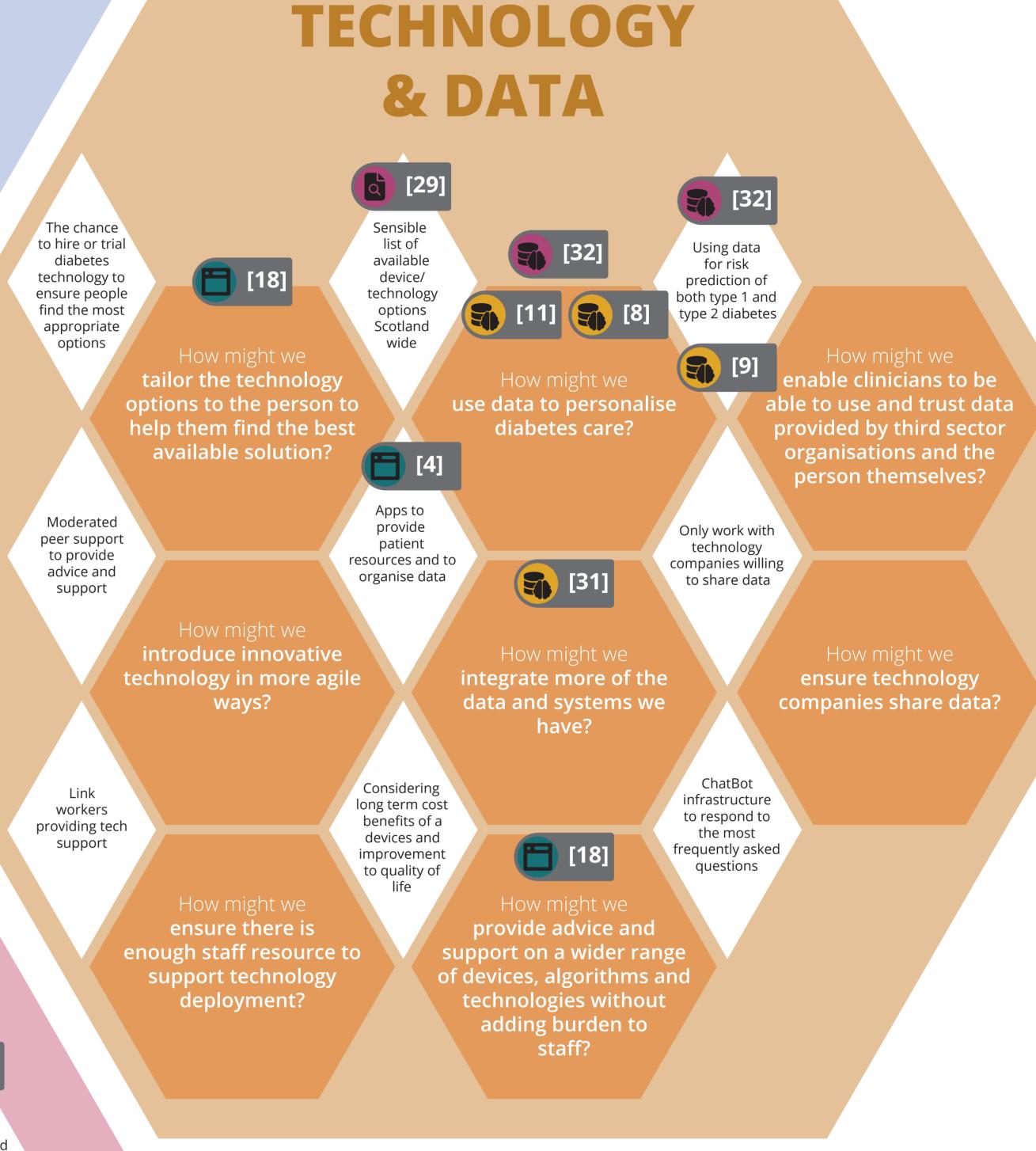
and education

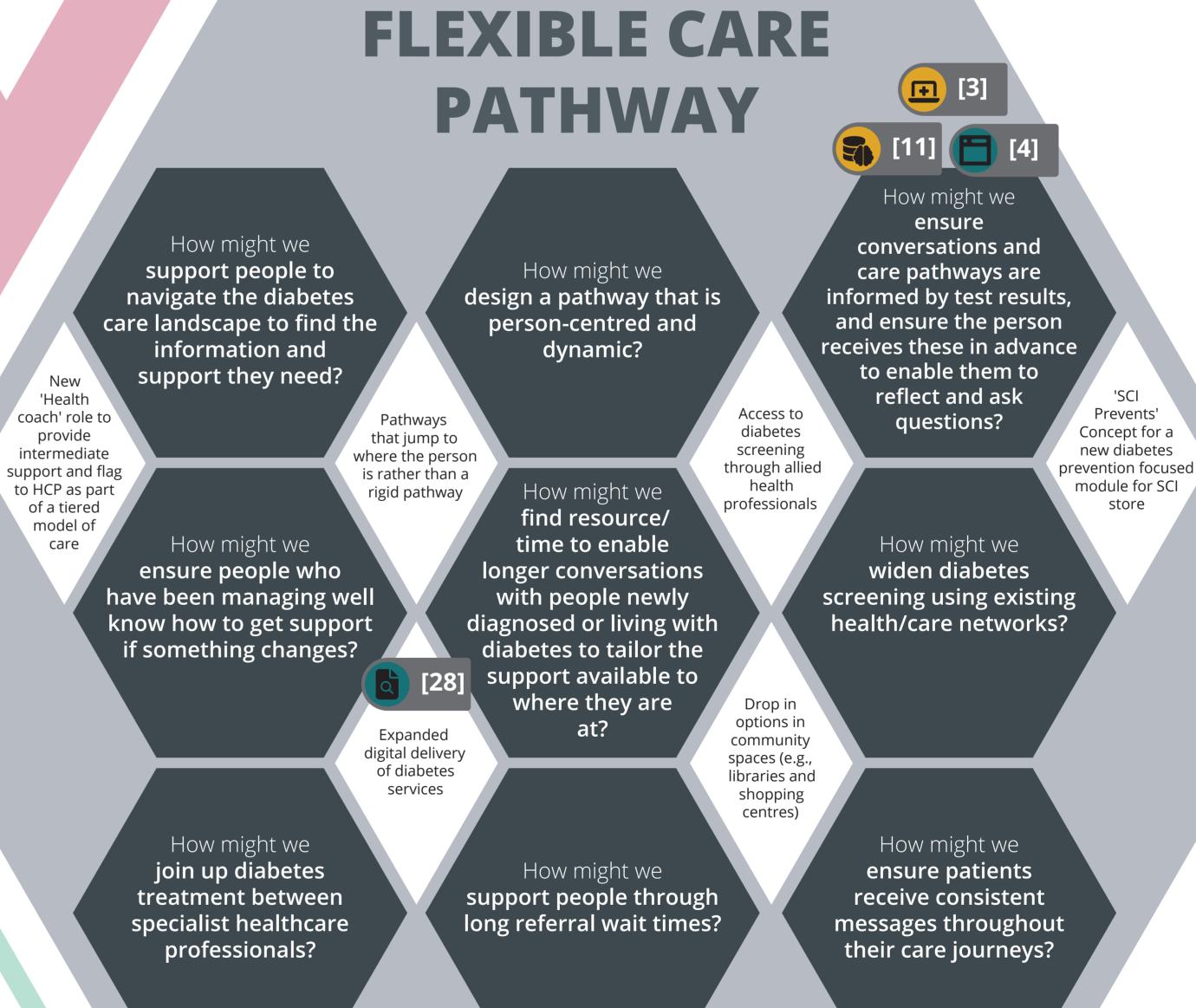
education





MENTAL WELLBEING





How might we ensure education supports the person to identify small changes they can make to their lifestyle to ensure they are achievable and not overwhelming?

How might we support people struggling financially for whom lifestyle is not a choice?

identify when mental health challenges are preventing someone from engaging in diabetes care and focus on supporting this first?

How might we tailor diabetes care in terms of:
-Life course/stage
- Readiness to engage

- Co-morbidities
- Health literacy
- Tech literacy- Personalcircumstances

How might we tailor the technology options to the person to help them find the best available solution?

How might we support people to navigate the diabetes care landscape to find the information and support they need?

How might we ensure professional education is an enriching experience rather than a tick-box training module?